

# The ADKAR Advantage Reading Plans

<p><i>The ADKAR Advantage Reader Profile and Impact Focus</i></p>	<p><b>Your ADKAR Learning Journey Checklist</b></p>
<p><b>1. I am new to ADKAR.</b> Individual Change Outcomes</p>	<ul style="list-style-type: none"> <li>✓ Read Part 1: How One Person Makes a Change</li> <li>✓ Complete K-to-A Challenge #1: Inform and Facilitate Individual Change (Part 1)</li> </ul>
<p><b>2. I am a change professional, practitioner, or project leader.</b> Project or Change Initiative Outcomes</p>	<ul style="list-style-type: none"> <li>✓ Read Part 1: How One Person Makes a Change</li> <li>✓ Read Part 2: How Groups of People Make a Change</li> <li>✓ Read Chapter 10: ADKAR Practices for Change Practitioners</li> <li>✓ Complete K-to-A Challenge #1: Inform and Facilitate Individual Change (Part 1)</li> <li>✓ Complete K-to-A Challenge #2: Influence Organizational Change (Part 2)</li> </ul>
<p><b>3. I am a functional manager, people leader, or executive.</b> Organizational Change Capability and Outcomes</p>	<p><b>Option 1: If you are looking for the highlights:</b></p> <ul style="list-style-type: none"> <li>✓ Read Part 1: How One Person Makes a Change</li> <li>✓ Read Chapter 5: ADKAR Truths Revealed</li> <li>✓ Read Chapter 6: ADKAR to Influence Organizational Change</li> <li>✓ Complete K-to-A Challenge #1: Inform and Facilitate Individual Change (Part 1)</li> </ul> <p><b>Option 2: If you want a deeper dive:</b></p> <ul style="list-style-type: none"> <li>✓ Read Part 1: How One Person Makes a Change</li> <li>✓ Read Part 2: How Groups of People Make a Change</li> <li>✓ Read Part 3: How Organizations Become Better at Change</li> <li>✓ Complete K-to-A Challenge #1: Inform and Facilitate Individual Change (Part 1)</li> <li>✓ Complete K-to-A Challenge #3: Inspire Others to Build Change Capability (Part 3)</li> </ul>
<p><b>4. I am an ADKAR enthusiast.</b> Bring it On!</p>	<ul style="list-style-type: none"> <li>✓ Read, Review, or Refresh in Part 1: How One Person Makes a Change</li> <li>✓ Read Part 2: How Groups of People Make a Change</li> <li>✓ Read Part 3: How Organizations Become Better at Change</li> <li>✓ Complete K-to-A Challenge #1: Inform and Facilitate Individual Change (Part 1)</li> <li>✓ Complete K-to-A Challenge #2: Influence Organizational Change (Part 2)</li> <li>✓ Complete K-to-A Challenge #3: Inspire Others to Build Change Capability (Part 3)</li> </ul>