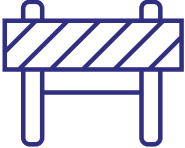# ADKAR® Canvas for Business Change

Adoption Challenge:

	Awareness of the need for change	**Desire** to participate and support the change	**Knowledge** of how to change	**Ability** to implement required skills and behaviors	**Reinforcement** to sustain the change
What are the biggest restraining forces you anticipate?					
How might we overcome these restraining forces?					